Abstract

The amount of research on family businesses’ analysis has increased significantly in recent years, thus showing the high importance of the topic. In most countries, family businesses occupy a prominent place in contributing to the economy with the added value they produce. However, less attention has been paid to the professionalization of family businesses and the exploration and presentation of the related literature. The professionalization of family business is a significant research concern in the entrepreneurship and governance literature. In the context of family businesses, professionalization initially meant nothing more than hiring an outside, non-family manager. For today, the content of professionalization has expanded, and a multidimensional model has evolved: a broader, deeper understanding has evolved, which involves other vital aspects such as developing formal control and human resource systems, decentralization of authority, formal strategic planning, or top-level activeness. This study aims to present the essential international literature on professionalization and provide a comprehensive overview of the studies published. The literature review mainly summarizes the results of the last twenty years and closely related articles. The paper follows the next logic: in the first part, the definition of professionalization is introduced along with its benefits and challenges. Then, based on the research methodology presented, the related empirical and theoretical studies are examined. In the end, the review summarizes the key findings in a table.

Keywords: family firms, professionalization, non-family CEO, multidimensional phenomena

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1. Introduction

Calls for professionalizing family firms have a long history since family firms were usually depicted as unprofessional or an outdated type of organization (Chandler, 1977). It is also a significant research concern in the entrepreneurship and governance literature (Zhang & Ma, 2009). As an organization grows over time, more employees and managers are needed to manage the company. In terms of family businesses, early publications identified professionalization as nothing more than the recruitment of a non-family external CEO (see Klein & Bell, 2007; Zhang & Ma, 2009), but recent studies and articles (Stewart & Hitt, 2012; Dekker, Lybaert, Steijvers, Depaire, & Mercken, 2013; Dekker, Lybaert, Steijvers, & Depaire, 2015) claimed that professionalization is, in fact, a multidimensional paradigm. It involves the recruitment of external managers and appears in creating formalized systems, be it financial control, management, or human resource systems (Gimeno & Parada, 2014). This idea is also confirmed by Polat’s (2020) study, which is based on theoretical analysis, considers the professionalization of family firms to be a broader concept that includes management structures in addition to hiring external managers, such as boards and councils, formal financial and human resource control mechanisms, or formal strategic planning.

Nonetheless, in most research, professionalization is still identified with recruiting one or more external managers, thus representing a narrow view. Hall and Nordqvist (2008) also address this paradox by stating that family managers are often seen as non-professional managers who have inherited their roles, regardless of their professional and educational background as well as their relationship with the business. And for non-family managers, apart from their experience and their relationship with the company, they seem professional by nature.

My study aims to give an overview of empirical and theoretical studies and present the professionalization of family firms by reviewing and summarizing the relevant international literature. Existing research suggests that family businesses differ in terms of their professionalization (Madison, Daspit, Turner, & Kellermans, 2018); thus, the presentation of the topic can contribute to a deeper understanding of family business operation and heterogeneity and provide practice-oriented advice and experience for practicing family business leaders.
2. Theoretical background

Defining the phenomena of professionalization

Professionalization of a firm in mainstream business literature refers to its evolution through its organizational life cycle and consists of applying complex management and organization systems. Such systems may be formal planning, regular scheduled meetings, formal training, performance appraisal systems, defined responsibilities, management development, and formal governance bodies and control systems (Flamholtz & Randle, 2007). The authors' further addition was that professionalization should also include the transfer of decision-making authority to middle managers, the implementation of formal control systems, changes in decision-making mechanisms, and the organizational structure's possible conversion.

According to Stewart and Hitt (2012) the term professionalization has no ultimate, generally accepted meaning in scientific or public discourse. Based on the most straightforward approach, it means no more than the full-time employment of employees. With a simple addition for family businesses, professionalization means full-time employment and recruiting external, non-family employees, typically with managerial competence. In many publications dealing with family business research, professionalization does not mean more than that (see Gedajlovic, Lubatkin, & Schulze, 2004; Chittoor & Das, 2007; Klein & Bell, 2007; Zhang & Ma, 2009).

Based on Dekker et al. (2013, p. 84), it can be synthesized that professionalization as a phenomenon cannot be limited to the recruitment of external managers but is accompanied by (1) the development of effective corporate governance systems such as the establishment of boards and councils (Songini, 2006; Flamholtz & Randle, 2007; Chrisman, Chua, De Massis, Minola, & Vismara, 2016; Howorth, Wright, Westhead, & Allcock, 2016), (2) management development as hiring external and non-family members (Songini, 2006; Lin & Hu, 2007; Yildirim-Öktem & Üsdiken, 2010; Stewart & Hitt, 2012) (3) delegating control as a management function and decentralizing authorities (Chua, Chrisman, & Bergiel, 2009), (4) developing formal financial control mechanisms (Songini, 2006; Flamholtz & Randle, 2007; Chua et al., 2009; Hiebl & Mayrleitner, 2019) and (5) the design of formal human resource systems (De Kok, Thurik & Uhlner, 2006; Tsui-Auch, 2004; Dyer, 2006; Madison et al., 2018).
Benefits of professionalization

“The issue of professionalizing a family business is one that most, if not all leaders of growing family firms must grapple with at some point” (Dyer, 1989, p. 233). Many authors argue that family businesses need to professionalize in order to weaken their traditional impediments like opportunism, altruism, or nepotism (Dyer 1989; Basco, 2013). Others claim that the reason for professionalization is the lack of formal governance mechanisms and professional managers (Martínez, Stöhr, & Quiroga, 2007; Sciascia & Mazzola, 2008; Randøy et al., 2009; Dekker et al., 2013).

Professionalization can lead to financial benefits and competitive advantage in the case of family firms. The research of Schulze, Lubatkin, Dino, and Buchholtz (2001) on a sample of 1376 U.S. family-owned companies found that family firms that developed formal corporate governance mechanisms performed better financially than those who have not developed such systems. Anderson and Reeb (2003) and Martínez, Stöhr, and Quiroga (2007) both found, comparing family and non-family firms listed on the stock market, that family firms outperform non-family firms when they professionalize their management and develop formal governance mechanisms.

According to Dyer (1989), there are three main reasons why a family firm could professionalize:

a) The family’s lack of management knowledge: such knowledge may be marketing, finance, or accounting knowledge. As the business grows, it is unlikely that they will be able to delegate family members with the right skills for each key position so that they will need outside help.

b) Changing the family business’s norms and values: unconditional love and worry within the family is often at odds with profitability and efficiency.

c) Preparation for the transfer of leadership, succession: in case of the founder’s retirement who feels no one could take over the business, hiring an external CEO could be necessary.

As environmental and organizational complexity increases, it becomes necessary for a company to formalize responsibilities, especially the transfer of roles and duties for various activities to the managers responsible for each organizational department (Gnan & Songini, 2003). In some cases, professionalization can be seen by family businesses as a strategic opportunity to gain a lasting competitive advantage (Chua, Chrisman & Bergiel, 2009; Fang, Memili, Chrisman, & Welsh, 2012) and to access resources more easily, improve their productivity and to embark on a growth path (Craig & Moores, 2005; Chua et al., 2009). As a result of the professionalization process, diverse perspectives brought
in by external or internal professional managers can help family businesses seize opportunities while managing the risks of the dynamic environment around them, paving the way for better strategy-making (Polat, 2020).

**Difficulties of professionalization**

Family businesses are often reluctant to hire an external - non-family - manager, given that many family business owners focus on maintaining control over their own business (Vandekerkhof, Steijvers, Voordecker, & Hendriks, 2011; Dekker et al., 2013; De Massis, Di Minin, & Frattini, 2015). Preserving the family’s *socio-emotional wealth* (SEW) and reducing agency costs may also play an important role in a family’s reluctance to involve an external manager (De Massis et al., 2015; Fang, Memili, Chrisman, & Penney, 2017). Involving an outside leader independent of the family is likely to reduce the family’s control over strategic decisions (Gomez-Meija, Cruz, Berrone, & De Castro, 2011). Even if family businesses are ready for the challenges of professionalization and choose to do it so through hiring an external manager, there may be a lack of adequate financial resources to attract and retain skilled professionals (Songini, 2006; Tsao, Chen, Lin, & Hyde, 2009) and recognize the need to implement necessary structural changes within the company (Songini, 2006).

There are also cases where the founders themselves are the barrier to professionalization, not recognized in time (Németh & Németh, 2018). The founder and the successor’s goals and ideas may be common, but many conflicts may arise during implementation. Another boundary to professionalization is that family firms prefer to use informal control systems and processes (Daily & Dollinger, 1992; Jorissen, Laveren, Martens, & Reheul, 2002; Songini, Morelli, Gnan, & Vola, 2015; Diéguez-Soto, Duréndez, García-Pérez-de-Lema, & Ruiz-Palomo, 2016) because strong interpersonal relationships serve as a control mechanism and family members are reluctant to control, evaluate, and sanction each other (Dyer, 2006).
3. Research method

This paper is based on the standard methodology of a literature review. A thorough literature review provides insights into the current issues of the research topic (Hart, 2018), pointing out what is new at the international level in academic circles. By searching for and reviewing the literature on the case, it is possible to summarize the topic and form research questions (Rowley & Slack, 2004). Besides, a literature review also provides a factual basis for subsequent empirical research, revealing unknown areas to be explored (Webster & Watson, 2002). A literature review is a step after collecting literature: the analysis, critical evaluation, and synthesis of journal articles and other scholarly works filtered and selected according to specific criteria and a given research question (Hart, 2018).

I applied a mixed methodology (Grant & Booth, 2009) to search and process the literature. Firstly, I used a search by keywords, and then I used a targeted search based on the reference lists and the so-called snowball method. Based on my prior knowledge of the keyword search, I filtered for journal articles in the EBSCO, JSTORE, and Science Direct databases that have been published in the last twenty years and whose title, keywords, or abstracts included “family business” or “family firm”, and the terms “professionalization” or “professional management” or “performance”. From the obtained results, I filtered out the publications published in other non-business and management disciplines. After that, I selected based on additional professional and content aspects: I filtered out the studies that were not relevant to the examined topic based on their title and abstract. In my research, I studied a total of more than seventy related journals or articles published in handbooks. Some publications outside the period under study will also appear in my study. I have included them in the literature review due to their significance, more profound presentation, description of the topic, and the high level of their citation.
4. Results

**The multidimensional model of professionalization**

The literature can be categorized into two main categories: content and process. There are a various number of articles whose authors define what professionalization is and deal with its content, what does professionalization mean, and what are the elements of it (e.g., Stewart & Hitt, 2012; Dekker et al., 2013; Dekker et al., 2015), and those who deal with its drivers, and have a process point of view (e.g., Zhang & Ma, 2009; Howorth et al., 2016). In this paper I focus on the content aspect and present the main results in that perspective.

Dekker and her colleagues (2013) wanted to examine the degree of professionalization in the case of family businesses. However, the theories set up so far did not define how professionalization could be measured. They concluded an exploratory factor analysis and identified five important elements as dimensions of professionalization: (1) the first is financial control systems, the extent to which family companies use elements such as budgeting, financial planning, and built performance measurement systems; 2) second is the participation of non-family members in corporate governance systems (Gedajlovic, Lubatkin, & Schulze, 2004; Öktem & Üsdiken, 2010), the ratio of family or non-family members, (3) human resource control systems as recruitment, selection and remuneration systems, (4) decentralization of responsibilities as delegation of decision making, and (5) top-level activeness, how actively the company’s top management communicates its goals and values. To validate the identified dimensions, quantitative research was conducted on a 532-item Belgian family sample of small and medium-sized enterprises and using cluster analysis; the firms were classified into four clusters (Dekker et al., 2013).

In addition to contributing to the literature on professionalization related to family businesses, Dekker and her colleagues make findings applicable in practice. The professionalization of family businesses is necessary by hiring an external manager, but it is not sufficient and is not the only viable path. While retaining family leadership, a family business can achieve a higher level of professionalization through other dimensions, such as the design of formal corporate governance systems, the implementation of formal control systems, thus ensuring the objectivity and transparency of the company’s operations.

Their research two years later, carried out on 523 Belgian family businesses, confirmed the dimensions identified. Their study concluded that if a family business wants to positively influence its performance through professionalization, it should reduce family
participation in corporate governance systems and increase the use of formal human resource control systems to help the family overcome nepotism or family altruism (Dekker et al., 2015).

**Complementing the multidimensional model of professionalization**

Among the publications of recent years, we find more than one that acknowledged Dekker et al.’s (2013) definition of professionalization and its multidimensional nature but made further additions. In his study, Basco (2013) proposed to include two new elements related to the concept, (1) the orientation of decision-making and (2) the consequences of professionalization. In his argument, he points out that the orientation of decision-making needs to be included because the management dimension of professionalization must also take into account the relationship between family and business, as it is related to decision-making. The consequences of professionalization must be taken into account in the light of the extent to which the family successfully achieves its goals and tasks. This view is reinforced by Gimeno and Parada (2014) that professionalization is closely linked to decision-making, where senior executives face poorly structured problems and an uncertain dynamic environment in which they have to make decisions competing with time under tremendous pressure.

In their research on 249 Portuguese family businesses, Camfield and Franco (2019) confirmed the dimensions of professionalization defined by Dekker et al. and suggested adding three new dimensions: (6) *family involvement in management systems* in parallel with previous research (Dyer, 1989; Gnan & Songini, 2003; Hall & Nordqvist, 2008; Chrisman, Chua, Le Breton - Miller, Miller, & Steier, 2018) the professionalization of a business does not begin with the recruitment of an external, professional manager, but with the training of family members who can also acquire the necessary skills, (7) *the cultural aspects* that are at least as important as financial aspects (Gnan & Songini, 2009; Waldkirch et al., 2017; Polat, 2020) and (8) *organizational development* thus complementing the professionalization of family businesses into an eight-dimensional multidimensional model.

The following table summarizes the theoretical and practical dimensions of professionalization with the additions mentioned earlier (Dyer, 1989; Songini, 2006; Dekker et al., 2013; Basco, 2013; Gimeno & Parada, 2014; Camfield & Franco, 2019) and new explorations (Suess, 2014; Madison et al., 2018; Polat, 2020). The supplemented model incorporates the content dimensions of professionalization explored so far based on theoretical and empirical analyses. The previous multidimensional models deal with too
many factors and mix content and process topics. Besides, they show a bias towards either personal or material factors. The innovation in this model is:

a) Clearly defined, only includes content factors,
b) Simplified because it classifies the dimensions into four types
c) Balanced, as soft and hard factors have the same emphasis.

Table 1 summarizes the main findings of the types and dimensions of professionalization. It contains the personal, management, and organizational conditions in one place and treat the cultural aspect separately as it is the mixture of the previous two. It contains not only the business but the borderline family factors as well.

<table>
<thead>
<tr>
<th>Type of professionalization</th>
<th>Dimensions</th>
<th>Authors</th>
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<tbody>
<tr>
<td>Professionalization of members, boards, and employees</td>
<td>Professionalization of board</td>
<td>Dekker et al., 2013</td>
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<td>Professionalization of managers</td>
<td>Dekker et al., 2013</td>
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<td>Non-family involvement in management</td>
<td>Dekker et al., 2013</td>
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<td>Delegation and decentralization of authority</td>
<td>Dyer, 1989; Polat, 2020</td>
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<td>Training of non-family managers</td>
<td>Dyer, 1989</td>
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<td></td>
<td>Professionalizing non-family employees</td>
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<tr>
<td>Professionalization of organizational structure, processes, and operations</td>
<td>Strategic planning</td>
<td>Songini, 2006; Polat, 2020</td>
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<td>Formal organizational and operational structure</td>
<td>Polat, 2020;</td>
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<td></td>
<td>Formal control mechanisms</td>
<td>Songini, 2006; Dekker et al., 2013</td>
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<td>Organizational development</td>
<td>Camfield &amp; Franco, 2019</td>
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<td></td>
<td>The orientation of decision making</td>
<td>Basco, 2013; Gimeno &amp; Parada, 2014</td>
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<td>Formal human-resource systems like compensation incentive systems and performance appraisal systems</td>
<td>Madison et al., 2018</td>
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<tr>
<td>Professionalization of work environment and organizational culture</td>
<td>Cultural aspects:</td>
<td>based on Camfield &amp; Franco, 2019; Polat, 2020</td>
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<td>Organizational culture</td>
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<td>Technology culture</td>
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<tr>
<td>Professionalization of family’s relationship with the business</td>
<td>Effective governance mechanisms like a family council and a family constitution</td>
<td>Dekker et al., 2013; Suess, 2014</td>
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<td></td>
<td>Succession plan</td>
<td>Polat, 2020</td>
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Source: Own editing based on Polat (2020)
5. Discussion and recommendations

We have seen that professionalization of family businesses is a complex, multidimensional phenomenon that cannot be identified solely by the family, reducing its participation in corporate governance by hiring external, non-family leaders. In the literature, professionalization as a concept has gone through a dynamic development, with the initial identification of only one external manager recruitment (Klein & Bell, 2007; Zhang & Ma, 2009) being replaced by a multidimensional extension of the phenomenon (Dekker et al., 2013; Gimeno & Parada, 2014; Dekker et al., 2015; Camfield & Franco, 2019; Polat, 2020).

In my study, based on the most important works of the last twenty years of international literature, I presented the professionalization of family firms, the initial meaning of the concept, its expansion, and the impediments and impetuses of professionalization for family firms. Based on the relevant literature, I summarized in a table at the end of my study which are the main dimensions of professionalization.

There has not been a comprehensive literature review on the professionalization of family businesses before. Although my paper is not intended to detail the publications cited in full, I trust that by presenting and reviewing the phenomenon and providing a new, clearly defined, presentation of the dimensions and types of family firm’s professionalization, I can provide a comprehensive picture for practicing leaders and professionals and all readers interested in family businesses.
References


